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Spring 2025, Issue 8

# what’s UP with UgsP?

The UGSP Newsletter

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Open Committee Positions, Prior Events, Upcoming Events



*top row, left to right:* Jasmine Hernández, Sióbhán Glynn, Xochitl Arlene Smola, Christina Huber, Riley Marshall Sohail  
*bottom row, left to right:* Megha Nagaswami, Ava Trimble, Sydney Tran, Nikhita Prabhu, Alice Xu

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## Open Positions

Founded in 2012, the Underrepresented Graduate Students in Psychology (UGSP) is a graduate student-led organization dedicated to supporting and advocating for psychology students from underrepresented racial, linguistic, geographic, and socioeconomic backgrounds.

**We need you to help contribute to this mission** by joining UGSP next year! Please apply below.

## 2025-2026 Committee Chair Positions Available

Committee chairs oversee each of UGSP’s 5 branches to plan and implement varied outreach initiatives. See below for available positions!

### High School Outreach Committee Co-Chair – 2 positions available

Current Co-Chairs: Megha Nagaswami (4th yr, Clinical) & Ava Trimble (3rd yr, Dev)

This committee is dedicated to supporting underrepresented high school students and their families. Through educational experiences and workshops, we provide guidance on the college application process and knowledge of adolescent brain development, aiming to empower students with essential information and resources for academic success.

### Undergraduate Outreach Committee Co-Chair – 1 position available

Current Co-Chairs: Jasmine Hernández (3rd yr, Dev) & Alice Xu (3rd yr, Dev)



one possible career path. In addition to organizing informational panels, we host events like the Research Assistant Recruitment Event, CV/resume review workshops, and professional development office hours, for undergraduates to gain insights related to career development and the graduate school experience.

**Brown Bag Committee – 2 position available**

Current Co-Chairs: Christina Huber (4th yr, Social) & Gil Moreu (4th yr, Social)

This committee organizes talks, workshops, and events led by faculty and students from underrepresented backgrounds or those specializing in diversity-related research. Through this series and other initiatives, graduate students have the opportunity to connect with prominent faculty, fostering a sense of social connection and community within the psychology department.

Apply here!

To learn more about all our committees, please visit our [website](#) or email us!

Prior Events!

UGSP-Wide Events

UGSP Beach Social

March 23rd

The UGSP Full Board had fun in the sun at Santa Monica Beach! Pizza and Capri Sun were had. Laughter was shared. Memories were made.



March for Science

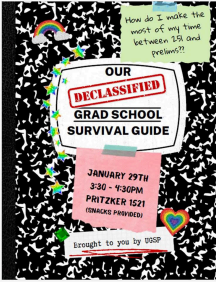
March 7th

UGSP supported department and community initiatives to create posters and attend the Stand up for Science march, which aimed to make our voices heard by policymakers and key stakeholders who play a pivotal role in ensuring science remains supported, accessible, and protected.

Declassified Guide to Grad School

January 29th

Panel event to help demystify the time between 251 projects and when you propose your dissertation. Topics included how to improve advisor relationships, shift research interests, and make best use of this time.



Peer to Peer Mentorship Boba Social

January 30th

The Psychology Graduate Student Mentorship program is a new UGSP initiative to foster support networks within the department. This peer-to-peer





McClintock Letters x PIA x UGSP – Bring Your Science Home workshop



**May 7th**  
UGSP, Psychology in Action, and the Science Policy Collective hosted a workshop to write op-ed pieces to our hometown newspapers! Panel members, Drs. Patrick Wilson (Health Psychology) and Jaana Juvonen (Developmental Psychology), shared their experiences and processes for effective science communication. The workshop also set aside time to craft op-ed pieces to be submitted under the [McClintock Letters Initiative](#), a joint effort by [Science Homecoming](#) and science policy groups across the U.S.

Social Events

Hammer Museum

**November 16th**  
The UGSP Social Committee held their very first hobby swap event this past fall. It was all classy vibes with a charcuterie board and chit-chat, and a stroll throughout the Hammer Museum. The event was a great reminder to all that the museum and cultural center is free admission!!



Climbing Event

**February 1st**  
UGSP Social Committee kept the Hobby Swap fun rocking on as they rock climbed and bouldered (that means climbing short walls without ropes) at Sender One! Don't you just love climbing - Keeps me grounded!

Valentine’s Day

Co-hosted with Psychology Graduate Students Association

**February 14**  
PGSA and UGSP hosted a joint Valentine's day event, where attendees made Valentine's day cards, decorated cookies, and enjoyed quality time with friends!



Paint & Sip

April 25th



Friday, April 25th. Everyone was channeling their inner Bob Ross as they painted away on their mini canvases and sipped their apple ciders.

## Outreach Events

### Postbacc Opportunities Workshop

February 24th

The Undergraduate Committee hosted a workshop on tips on how to find research opportunities at UCLA, how to find opportunities outside of school, what to do after college, as well as applying to grad school. We also had a Q&A panel with current post bacc and PhD students.

### Virtual College Fair

March 3rd

This virtual event hosted for underrepresented high school students was all about navigating the transition to higher education!



### CV Writing Workshop



April 23rd

This hybrid event that offered transfer undergraduate students key CV writing essentials, personalized feedback on their CVs, and peer networking!

## Upcoming Events!

\*Denotes outreach event to advertise to networks

May 21

#### Climate Survey Debrief

Drop in the **Grad Lounge** on **Wednesday, May 21st, between 12 - 2pm** for climate survey results! This survey was conducted to assess graduate students' experiences and perception of departmental climate. UGSP will be sharing results from this year's climate survey. Graduate students are welcome to provide their thoughts and suggestions for future departmental and UGSP initiatives!

Scheduling Now!

#### \*Demystifying College

Grad student volunteers will present at a local high school on all things college. Interested in volunteering? Email Ava: [atrimble@ucla.edu](mailto:atrimble@ucla.edu)

Scheduling Now!

#### \*CV and Applying to Grad School Workshop

The Undergraduate Outreach Committee of the Underrepresented Graduate Students in Psychology (UGSP) will host the Spring Quarter Workshop, "Graduate School Application & CV/Resume Workshop." We will review key components of the Statement of Purpose (SOP) and



Stay up to date with our events on the Psychology Department Calendar!

Department Calendar



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