What's UP with UgsP?



Underrepresented Graduate Students in Psychology

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Upcoming Events

First-Gen Graduate Student Celebration

UCLA FIRST-GEN GRADUATE STUDENT

FIRST-GEN
GRADUATE
STUDENT

RE-WRITING THE FIRST-GEN IDENTITY

TUESDAY MAY 8, 2018 5:30PM - 8:00PM WEYBURN COMMONS

VILLAGE VIEW ROOM 4TH FLOOR

FREE DINNER AND GIVEAWAYS
FREE T-SHIRTS FOR FIRST 75 ATTENDEES

RSVP REQUIRED
https://firstgencelebration.eventbrite.comSPACE
IS LIMITED

FOR QUESTIONS EN





What's UGSP Been Up To?

Winter Social

To celebrate the end of Winter quarter, UGSP graduate students enjoyed drinks and Chipotle in the Mildred E. Mathias Botanical Gardens. The combination of good company and environment was everything we strive for in the social committee!

How to be an Ally: From Awareness to Action

While this is not a UGSP event, this event is open for anyone looking for effective strategies to help promote inclusion!

When? May 15th, 4-6pm Where? CNSI Auditorium RSVP HERE

Post-Bac Workshop for Undergrads

The UGSP Undergraduate Outreach Committee will be hosting a workshop on finding post-bac jobs and applying to grad school.

When? May 24th, 5-6:30pm Where? Physics & Astronomy Building room 1425

Brown Bags

The UGSP Brown Bag Committee is excited to announce two upcoming events this quarter!

Mental Health Panel: UGSP will be putting together a mental health panel to address the stressors that graduate students face and ways to stay mentally healthy during graduate school. If you have suggestions for panelists or other ideas regarding this event, please email Wenwen at wenwenni23@ucla.edu.

Brown Bag with Dr. Annette Stanton: Our next Brown Bag speaker will be Dr. Annette Stanton. Stay tuned for more details!

Social

Our next social event will be our last until Fall quarter begins! Join UGSP <u>Thursday of 10th</u> week (June 7th) to celebrate another year well done! Details TBD.







Jenn Gamarra 3rd Year, Clinical Area, UGSP President

Jenn is a third year student in the Clinical area. Though she was born and raised in NY, she strongly identifies with her South American roots and is also a proud first-generation college student. Her research interests include **mental health literacy**, with a particular focus on parents in low-income communities. She is currently developing a measure to assess knowledge about youth mental health problems, including risk factors and symptoms of common disorders. Her larger goal is to help communities become more knowledgeable about mental health problems, and in turn, feel empowered in their ability to take control of their mental health and well-being. As part of her clinical training, Jenn is currently a trainee at **UCLA Counseling and Psychological Services**, and enjoys working with adolescents and young adults.

Outside of academics, Jenn enjoys taking part in other groups and initiatives that serve underrepresented groups or promote general community well-being. Currently, she volunteers with a group that holds free **parenting workshops for low-income families** in the greater LA area. She is also the current **President of the Underrepresented Graduate Students in Psychology** group, where she is able to connect with other students from diverse and underrepresented backgrounds. Lastly, she is a part of **Clinical Area Wellness Workgroup**, an ad-hoc group that aims to promote well-being for fellow graduate students.

Have you or a student in the department done something in line with diversity or support for underrepresented student? Wrote an article? Won an award? Participated in a program or event? Whatever it is,

Send in suggestions for our next Student Spotlight! Send submissions to ucla.ugsp@gmail.com



Finances

- \$ How to Grad School While Poor
- \$ Navigating Campus For The 'Not Rich': Students Launch A Crowdsourced Guide

Professional Development

National Center for Faculty Development & Diversity

UCLA graduate students are eligible to register for free Institutional Memberships! As an Institutional Member, you have access to the <u>following resources</u>:

- The NCFDD Core Curriculum trainings
- Monthly guest expert and multi-week course trainings
- The full NCFDD library with over 100 hours of professional development training
- A private discussion forum for peer-mentoring and participation in monthly writing challenges
- Participation in the 14-Day Writing Challenge
- Accountability partner matching

Activate your free Institutional Member account here!



Financial aid cuts

There has been a push from the House Education and the Workforce Chair, Rep. Virginia Foxx (R-NC) to consider HR Men Arrested In Philadelphia Starbucks Reach Settlements

"Business partners Donte Robinson and Rashon Nelson, both 23, <u>were arrested on</u> 4508, Promoting Real Opportunity, Success and Prosperity through Education Reform Act or PROSPER on the floor of the U.S. House of Representatives. APA has expressed concerns with HR 4508.

According to the Congressional Budget Office estimates, this legislation would cut nearly \$15 billion (over 10 years) in federal financial aid from post-secondary students, making college and graduate study more expensive and less accessible to many.

TAKE ACTION HERE!

April 12 as they sat at the Starbucks waiting for an associate, without ordering anything.

In the wake of the incident, <u>Starbucks says</u> it is closing 8,000 of its stores on May 29 for racial-bias training.

Robinson and Nelson agreed to a settlement with Starbucks for an undisclosed sum and an offer of free college tuition to complete bachelor's degrees through an online program with Arizona State University that was created four years ago for Starbucks employees.

In a separate deal, they got a symbolic \$1 each from the City of Philadelphia as well as promise from officials to establish a \$200,000 public high school program for young entrepreneurs."

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