FALL 2017: Issue 1

What's UP with UgsP?



Underrepresented Graduate Students in Psychology

Welcome to UGSP!

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What is UGSP?

Underrepresented Graduate Students in Psychology (UGSP) was established in 2012 as a student-led initiative to create a more inclusive environment for students from underrepresented groups. We continue to honor this mission through various events, committees, and other initiatives. We look forward to bringing together underrepresented students and allies at our socials, brown bag speaker series, and outreach activities. We are also excited to announce an emerging initiative to promote mental wellness amongst our students, particularly those who may be affected by recent events. Stay tuned to hear more about this exciting opportunity!

Meet the Board

We are excited to introduce the 2017-2018 board! Our board spans across all areas in the department and across all years in the program. We welcome and encourage all interested parties to get involved with UGSP leadership – there are many great benefits

to being involved, including professional development, opportunities for awards and recognition, and the chance to make a difference in the lives of your peers.

President – Jenn Gamarra, 3rd year Clinical
Vice President – Dana Saifan, 2nd year Clinical
Secretary – Isabel Ramos, 4th year Health
Treasurer – Gerald Higginbotham, 2nd year Social

Committee Chairs

Social – Gwen Price, 2nd year Developmental
Brown Bag – Wenwen Ni, 5th year Social
High School Outreach – Chelsea Romney & Marcie Haydon, 3rd years in Health
Undergraduate Outreach – ReJoyce Green & Blanche Wright, 2nd years in Clinical

For full bios and photos, please check out our website: ugsp.psych.ucla.edu For more information, or to get in touch with a specific board member, please email us at <u>ucla.ugsp@gmail.com</u>.

Committees

High School Outreach: As members of underrepresented groups, we find it imperative to give back to our communities through teaching, education, and service. This committee target a wide range of underrepresented high school students and holds events for both parents and students about getting into college.

Brown Bag:

This committee organizes talks given by faculty members from underrepresented backgrounds or whose research focuses on diversity issues. This speaker series allows graduate students to network with prominent faculty members from underrepresented groups, hopefully fostering a sense Undergraduate Outreach: This committee organizes panels for undergraduate students to learn about various aspects of the graduate student experience. We hope to galvanize interest in grad school by offering examples of successful underrepresented students and providing undergrads the opportunity to connect with graduate students so they feel comfortable asking questions about diversity in graduate school.

Social:

The Social Committee plans and coordinates events throughout year. Our goal is to foster a sense of community among UGSP members. It is a chance for students to interact with people social connectedness and community within the Psychology Department. that come from diverse backgrounds who share similar experiences.

Upcoming Events

Navigating Neuroscience and Academia: A personal and scientific journey Date and Time: Wednesday, Nov 29th at 4:30 PM

Speaker: Nanthia Suthana, PhD (Assistant Professor-in-Residence, Department of Neurophysiology)

Save the date! The UGSP Brown Bag Committee is very excited to announce our first speaker of the year, Dr. Nanthia Suthana! Dr. Suthana is a professor in Neurophysiology at UCLA. She received her PhD in Neuroscience from UCLA in 2009 and currently works on improving and understanding the brain's contribution to the formation and retrieval of successful memory. She also serves as a mentor for the UCLA Competitive Edge program, a summer program for incoming doctoral students who are underrepresented in STEM fields. Dr. Suthana will be giving us tips and tools for how underrepresented students can succeed in grad school, so we are very excited to have her!

High School Outreach Event

The High School Outreach Committee will be presenting to high school juniors and their families at Venice High School on **February 21st from 6:00-7:00 p.m**. More details to come.

What's UGSP Been Up To?

Fall Social

The fall social kicked off this year's UGSP events. Food, drinks, and good company made for a relaxing break for our psychology graduate students. Hope to see you all at the next one this quarter!





Annual UGSP RA Recruitment Event

In October, the **Undergraduate Outreach Committee** hosted the *Annual UGSP RA Recruitment Event*, which was intended to connect undergrads with professors/graduate students/labs in need of research assistants.

The event consisted of:

- A brief didactic presentation on how to successfully obtain a valuable RA experience
- UCLA lab representatives shared details about their unique research opportunity
- Networking segment

The new format was extremely successful as most of our attendees had no research experience and found the didactics especially helpful. The committee co-chairs, ReJoyce Green (Clinical: 2nd year) and Blanche Wright (Clinical: 2nd year) would like to give a special thank you to Claudia Aguirre (BNS: 1st year), who was a great help at the event!

Next steps: The Undergraduate Outreach Committee will be hosting an undergraduate event, *Developing a CV*, during Winter quarter and has plans to establish a program to facilitate mentorship between graduate students and undergraduates. If you are interested in these opportunities, please email us at <u>ucla.ugsp@gmail.com</u>! This is a low-pressure way to gain mentorship experience and it to your CV!



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